



Mahita

ANNUAL REPORT

2025-2026



Executive Summary and Reflections

2025-26: A Landmark Year of Regeneration and Visible Transformation

As Mahita steps into its thirty-second year of service, 2025-26 stands out as one of the most transformative periods in our journey. What began in 1994 as a modest dream of “regeneration” has now blossomed into tangible, life-changing impact across thousands of families and children in Telangana, Andhra Pradesh and for the first time in the far northern reaches of Jammu and Kashmir. This year, Mahita has not only deepened its roots in the communities it has served for decades but has also extended its healing hand to new geographies, proving that true empowerment knows no boundaries.

Over the past year, Mahita’s work has evolved from reaching people to truly transforming lives. In classrooms that once struggled with limited resources and engagement, children are now active participants in their own learning journeys. Through experiential STEM and digital education, curiosity has replaced hesitation, and confidence is steadily growing among young learners. Schools are no longer just places to attend—they are spaces where children feel inspired, capable, and hopeful about their future.

For children who had dropped out or were caught in cycles of labour, returning to school has been a turning point. It has restored their sense of belonging and reopened pathways that once seemed closed. These children are not only re-entering classrooms—they are staying, learning, and beginning to imagine new possibilities for their lives. Adolescents, often navigating uncertainty and limited guidance, are now making informed choices about their futures. With access to counselling and career pathways, they are gaining clarity, direction, and the confidence to aspire beyond immediate circumstances. In migrant communities, young children who once lacked safe and nurturing environments are now experiencing care, early learning, and emotional support—laying a strong foundation for lifelong development.

In the area of health, the change has been profound and life-affirming. Women who had little or no access to preventive healthcare are now taking charge of their well-being. Early detection, awareness, and access to health services have not only saved lives but also built confidence and agency among women. Communities are gradually shifting from reactive care to a culture of prevention, awareness, and collective responsibility for health.

Public spaces, once underutilized, are now vibrant centres of community well-being. Families, women, and the elderly are actively engaging in healthier lifestyles, creating a visible shift in how communities value and practice wellness.

Mahita’s livelihood initiatives have translated aspirations into tangible opportunities. Young women and youth are moving from uncertainty to economic independence, gaining skills that are relevant, market-driven, and empowering. For many, this is the first time they are earning with dignity—contributing to their families, gaining respect within their communities, and redefining traditional roles.

In tribal and rural areas, women are emerging as leaders of change. Collective enterprises, improved financial literacy, and access to livelihood opportunities are strengthening their economic resilience and decision-making power. At the same time, farmers are adopting sustainable practices that not only improve incomes but also build long-term resilience against climate challenges.

Efforts in child protection have created safer, more aware communities. Children are growing up in environments where their rights are recognized, their voices are heard, and their safety is prioritized. Schools and communities are becoming more vigilant, informed, and proactive in preventing exploitation and supporting vulnerable children.

Beyond individual interventions, Mahita's work has strengthened systems and partnerships—engaging teachers, parents, community leaders, and government institutions to create sustainable change. The result is not just improved access to services, but a deeper shift in attitudes, behaviours, and community ownership.

This year marks not just an expansion in reach, but a deepening of impact, where education builds confidence, health restores dignity, livelihoods create independence, and communities move towards a future that is more equitable, resilient, and full of possibility.

Most significantly, 2025-26 marked Mahita's bold expansion beyond the Deccan plateau. We stepped into Jammu and Kashmir for the first time, launching a comprehensive Cancer Screening Programme in collaboration with Gandhinagar Government Hospital, Jammu. This initiative brings early detection and counselling to women in remote and conflict-affected areas, carrying forward the same compassion and innovation that defines our work in the south.

None of this would have been possible without the unwavering trust and partnership of our Board Members, whose vision and guidance have steered us through every challenge. Our committed team, the real backbone of Mahita has worked tirelessly in the field, often going beyond duty to turn statistics into smiling faces and stronger futures.

We remain deeply grateful to our long-standing partners who have walked this journey with us: DKA Austria, Manos Unidas, Mobile Creche, Prince Pipes and Fittings Limited, United Way Hyderabad, HSBC Software India Limited, Indian Oil Corporation Limited, Bharat Petroleum Corporation Limited, Mundo Cooperante, UNICEF, Benevity, Health Department, Eugenix Hair Sciences Private Limited, Regent Distillers Private Limited the Education Department and SCPCR of the Government of Telangana, and many more generous well-wishers.

As we close this remarkable year, we are filled with quiet pride and renewed determination. Every child who returned to school, every woman who now earns with dignity, every family that drinks clean water and breathes easier, these are not just numbers; they are living proof that regeneration is possible. 2025-26 has shown us that when communities, partners, and a dedicated team come together, change is not just visible, it is unstoppable.

With gratitude and hope,

On behalf of Mahita Team
P. Ramesh Sekhar Reddy

Mahita - Education Reach & Impact
Total Direct Reach; 7,743+ Individuals



1,295 students using stem & digital labs in 2 govt. schools



800 Youth Reached via Mithra helpline career counselling



4000 children in 45 schools via PM SHREE Programme



150 Migrant children supported in 3 ECCD Centres



950 Dropouts & Child Laboures Re-Enrolled.



125 girls received scholarships for class 10th



4,423 Students Schools Upgrades

Mahita - Education Reach & Impact
Total Direct Reach: 7,743+ Individuals



Detailed Interventions

i) STEM and Digital Labs “As I was performing average in science and mathematics and found it difficult to understand abstract concepts such as laws of motion, electricity, and geometry etc., but when I started using the STEM labs and extended my knowledge through digital content, I was exposed to hands-on, activity-based learning. I started doing experiments on electric circuits to understand concepts such as current, voltage, and resistance... Thanks to Mahita, I have created a model to demonstrate Newton’s action and reaction,” shared Meenakshi, a young girl studying in 9th Standard in a Government School, where Mahita established the STEM and Digital Labs in 2 Government Schools in Hyderabad.

Meenakshi is one among 1,295 students across two government schools extensively using the STEM and digital labs. STEM laboratories and digital infrastructure are now being used regularly by teachers, reflecting a positive shift from initial hesitation to confident adoption of technology-enabled teaching. Teacher capacity building remained a strong focus, with 42 teachers participating in specialized training workshops, ensuring effective and sustained use of the labs. The STEM and Digital infrastructure facilities have developed into dynamic centers of hands-on, interactive learning. Regular follow-up support provided to teachers has yielded strong results: initial reluctance among government school staff has given way to active adoption, with educators now regularly using the STEM and digital labs to elevate students' academic performance. The labs are being utilized extensively to enrich learning beyond traditional classroom limits.

ii) Mithra Helpline: 1800 233 8899 – Career Counselling A toll-free number for career and education guidance, supported by dedicated staff. This initiative enhances career awareness and decision-making among 800 students and school dropouts, reducing dropout rates and increasing access to higher education and vocational training. This contributes to a more skilled and employable youth population. The interventions also developed a lot of IEC material on academic streams, especially for students after 10th Class—what kind of courses they can select, whom to contact, and where to contact. These boards are displayed in 10 Government Schools. Mahita also associated with the PM Shree Programme in Sangareddy District that used the material extensively and reached around 4,000 children in 45 government schools, where the Mahita team trained the students on career and academic counselling.

iii) ECCD Centres Hyderabad’s rapid urbanization has attracted a large number of migrant construction workers from states like Bihar, Odisha, Chhattisgarh, Jharkhand, Uttar Pradesh, and Assam. Employed informally through contractors, these workers live with families in temporary labour colonies at construction sites. These settlements, often housing 300–400 families, offer cramped tin-roofed shelters with minimal access to clean water, sanitation, healthcare, or education. Children aged 2–10 years suffer most—facing malnutrition, poor health, neglect, and no early learning opportunities—while parents work long hours, leaving them unattended in hazardous conditions, perpetuating poverty cycles.

Mahita established Worksite Children and Women Centres in Hyderabad, and these centres provide safe, child-friendly spaces and community support for women. Key activities include supplementary nutrition for 150 children across three centres (breakfast, lunch, evening snacks as per diet chart). Growth monitoring is one of the crucial interventions in the centres, since these children are living in camps and do not have access to nutritional food. Early education and

and psychosocial development use age-appropriate play materials, teaching aids, and structured activities. Hygiene support includes cleaning materials, towels, and napkins. Community activities, meetings, and celebrations build awareness and cohesion. Setup costs cover kitchens, utensils, stationery, and educational materials for holistic care, safety, and development.

iv) Scholarships to Girls "Labour to Learning" – Ravalika, a dropout identified as working in bricks due to family vulnerability, has been enrolled in school with continued monitoring of her retention. She was also provided a scholarship to encourage her to continue her education.

Towards encouraging girls' higher studies, a total of 125 scholarships have been provided to girls currently studying in the 10th class in Sangareddy District and Adilabad District from vulnerable and economically disadvantaged families. Each scholarship amounts to Rs. 5,000 to 10,000, which has been deposited in the beneficiary's name in a bank account. The funds are monitored by the respective School Headmaster/Headmistress to ensure utilization solely for academic purposes. This initiative aims to reduce dropout rates and prevent early marriages by encouraging girls to continue their education. The financial assistance is expected to boost their confidence, academic performance, and aspirations for higher education and future careers.

v) Educational Kits Educational kits that include school bags, stationery, and materials helped newly enrolled dropouts and child laborers encourage the children to continue their education. Mahita, working in Hyderabad, Adilabad, and Sangareddy, identified such dropouts and never-enrolled children through community awareness and motivation and enrolled them into nearby government schools. Through this process, 950 students whose families are below the poverty line received the educational kits, and they are also tracked by the Mahita team for continuation of their schooling.

vi) Infrastructure Support Students in these government schools, often from underprivileged backgrounds, are experiencing significant improvements in their daily lives. Towards addressing school infrastructure, Mahita identified 10 Government Schools under Medchal-Malkajgiri District and provided essential items. The vision is to equip schools with essential infrastructure, creating child-friendly, inclusive, and healthy learning spaces that encourage retention, reduce dropouts, and uphold the dignity of education in government schools. By addressing basic needs like clean water, comfortable seating, and proper lighting, the project helps children stay in school longer, study in comfort, and grow up healthier. Mahita delivered 330 student benches, 165 teacher chairs, 43 office tables, 32 steel almirahs, 30 carpets, 10 reverse osmosis (RO) drinking water plants, 5 sanitary napkin incinerators, 36 ceiling fans, and 55 tube lights. These upgrades have created safer, more dignified, and comfortable learning environments that directly address basic needs such as proper seating, clean drinking water, adequate lighting, ventilation, storage, and menstrual hygiene support. With sturdy benches replacing broken or absent seating, children now sit comfortably, maintaining better posture and focus during lessons. This reduces physical discomfort and allows for longer attention spans, leading to improved academic performance.

Total Direct Reach: 12,150+ individuals



300+
Community members benefited from NCD & Immunization camps



150
Children received monthly doctor screening & health support



5,000
Women screened for breast & cervical cancer using iBreast & cervAlcal



10
Public parks upgraded with open gyms (daily footfall up to 5,350+)



1,200
Girls trained on menstrual hygiene management



5
Sanitary napkin incinerators installed supporting 300 girls.



10
Ro plants installed in government schools for safe drinking water



Screening



Prevention



Hygiene



Fitness



Safe water



Screening



Prevention



Hygiene



Fitness



Safe water

Detailed Interventions

i) **Non-Communicable Diseases** The migrant construction labor camps are far from mainstream hospitals, and the camps do not have access to government urban health posts, or regular health workers do not reach these communities. To address this, Mahita organized health camps on non-communicable diseases for children, women, and communities and also organized immunization camps for pregnant and lactating mothers in collaboration with ASHA Workers. For the children, every month the doctor visits the centres and screens their nutritional levels, skill issues, fever, cough, and other issues. Around 300 community members benefited through the health camps, and 150 children have consistently received health support from qualified doctors.

ii) **Breast and Cervical Cancer Screening** In Telangana's urban areas, breast and cervical cancer remain significant public health challenges. Limited access to early detection and diagnostic services disproportionately affects women from marginalized communities, including migrant construction families. Low awareness about the importance of early cancer screening, coupled with shortages of advanced diagnostic tools in government hospitals, leads to delayed diagnoses and poorer health outcomes. Additionally, fears of radiation exposure, discomfort associated with traditional mammography, and high costs of private healthcare deter many women from seeking timely care. These barriers highlight the urgent need for accessible, affordable, and non-invasive screening solutions to reduce the burden of breast and cervical cancer in the region.

To address these challenges, Mahita, in partnership with Indian Oil Corporation Limited (IOCL) and the District Medical and Health Office (DMHO) of Medchal-Malkajgiri, launched a pioneering initiative titled "Enhancing Early Cancer Detection: iBreast Exam and cervAlcal System Integration in Government Hospitals." This project bridges healthcare gaps by deploying innovative, non-invasive diagnostic technologies in two government hospitals: the Primary Health Centre (PHC) in Kushaiguda, Keesara Division, and the PHC in Alwal, Malkajgiri Division. The initiative introduces the iBreast Exam Scanner, a portable, radiation-free device designed for early detection of breast abnormalities. This technology provides a painless, cost-effective, and accessible screening option, making it ideal for underserved communities. Similarly, the cervAlcal System, an AI-driven platform, enhances cervical cancer detection by analyzing cervical images to identify precancerous and cancerous lesions with high precision. These tools strengthen the diagnostic capacity of government hospitals, reducing dependence on expensive private facilities. Mahita reached 5,000 women with screening and counseling; all positive cases were referred to MNJ Hospital, Lakdikapool, for advanced diagnostics. Early interventions such as treatment for swelling, infections, or irregular bleeding were initiated. Medicines were supplied as needed, and follow-up compliance has been maintained.

iii) **Open Gyms in Public Parks – Public Health** In densely populated urban areas like Boduppal, many public parks had deteriorated into unsafe dumping grounds or empty plots, lacking basic amenities such as walking tracks, safe flooring, fencing, lighting, fitness equipment, or play areas. This left children, women, the elderly, and underserved communities with limited options for recreation, exercise, and social interaction, exacerbating health challenges and underutilizing valuable community spaces.

Through community needs assessments, Mahita identified these issues firsthand: parks often served as informal dump yards, with no dedicated spaces for walking, exercise, or children's play. The project was designed to promote preventive health, foster community ownership, and create sustainable, accessible assets for multi-generational wellness.

The project "Fit and Friendly: Community Wellness and Child-Friendly Schools Initiative in Telangana," Mahita managed end-to-end, including site assessments, civil works, landscaping, installation of open-air gyms, and coordination with government stakeholders. Each park is now equipped with a modern open-air gym featuring thirteen safe, user-friendly machines designed for strength, cardio, and flexibility exercises, along with improved flooring, pathways, and landscaping. BPCL branding, signboards, and acknowledgments were prominently displayed across all sites.

The impact has been significant. The parks now experience consistent daily use by children, women, youth, adults, and senior citizens for exercise, play, walking, and social interaction. Morning and evening footfall has increased substantially, with some parks accommodating over 5,350 visitors, fostering healthier lifestyles, reducing sedentary behaviour, and strengthening neighbourhood cohesion. Previously underutilized spaces have become lively community focal points.

Long-term benefits include sustained improvements in public health, enhanced safety and accessibility, intergenerational engagement, and ecological gains through increased greenery. As free and durable public assets, the parks are expected to deliver wellness benefits for years to come while promoting community ownership and reducing urban health disparities.

Boduppal Municipality played a critical complementary role by investing approximately ₹108 lakhs across the ten parks (ranging from ₹2–18 lakhs per park) for additional infrastructure such as boundary walls, gates, walking tracks, children's play areas, grass turfing, and plantation. This collaboration significantly amplified the Mahita–BPCL intervention and strengthened long-term maintenance and sustainability.

iv) Menstrual Hygiene Management for Girls Menstrual Hygiene Management for young girls is very important and essential. It focused on educating about menstruation, proper hygiene, and debunking myths. The training utilized presentations with visual aids, group discussions, and practical demonstrations on using menstrual products. Mahita initiated the training programme in Hyderabad, Adilabad, and Sangareddy Districts and provided training to around 1,200 girls studying in government schools, KGBVs, residential schools. Apart from capacity building, Mahita also provided a simple training manual where the girls can use as reference material for maintaining hygiene management. This includes personal hygiene and other practices and also shared various case studies on how reproductive health rights are important to girls. Apart from the training programme, Mahita also installed 10 incinerators for girls' schools in Medchal and Malkajgiri Districts that support around 300 girls.

v) RO Plants: Safe Drinking Water RO (Reverse Osmosis) plants installed in 10 government schools provide safe and purified drinking water for students and staff. These systems remove harmful impurities, bacteria, and chemicals, ensuring better health and preventing waterborne diseases. Many government schools depend on untreated groundwater, which may be unsafe for consumption, making RO plants essential. Access to clean water improves student attendance, concentration, and overall academic performance. It also promotes hygiene and healthy habits among children. This initiative is a cost-effective and long-term solution that supports student well-being and aligns with public health and sanitation goals, creating a safer and healthier learning environment in schools.

Total Direct Reach: 870+ youth Empowered with Employable Skills



750

Young women trained in IT, Beautician & Fashion Designing (16 Slums)

90

Youth completed solar & electrical training (70% placed in jobs)

30

Women trained in EV two wheeler driving & obtained licenses.

Total Direct Reach: 870+ Youth Empowered with Employable Skills



IT Skills



Green Jobs



EV Driving



Vocational Skills

Total Direct Reach: 870+ Youth Empowered with Employable Skills



IT Skills



Green Jobs



EV Driving



Vocational Skills

Detailed Interventions

Job Oriented Vocational Skills to Young women Investing in young women's economic empowerment is crucial for gender equality, poverty alleviation, and inclusive growth. It builds confidence, enhances decision-making, and provides access to decent jobs, reducing school dropouts, early marriages, and reliance on low-skilled labor. Empowered women boost family incomes, break poverty cycles, and gain broader life perspectives—fostering a "world view" that extends beyond immediate survival to long-term aspirations, community leadership, and global awareness of opportunities.

Mahita initiated the Skill Development Centres Targeting areas like Attapur and Edibazar across 16 slums (8 in each), the project focused on providing market-oriented vocational training, entrepreneurship support, and life skills development. This year, we have successfully trained 750 Young women on practical skills in IT, beautician services, and fashion designing, addressed systemic barriers such as limited education, gender norms, and economic exclusion, enabling women to secure decent jobs or start micro-enterprises that directly boosted household incomes and broadened their worldview through exposure to professional environments and financial independence. These courses directly translated into income opportunities: IT skills led to roles in digital operations earning up to ₹25,000/month, beautician training enabled home-based salons generating steady revenue, and fashion designing supported tailoring businesses that catered to local markets, often starting with seed capital provided by the project.

Green Skills: Solar and electrical "Going to Balanagar for the OJT was the turning point. It wasn't a simulation; it was a live factory. Connecting that system proved to me that I am now a Installation professional." "The support with tools and technical certification has given us a permanent career path. We are no longer just daily wage workers; we are solar technicians." Srinivas, one of the trainee learned Solar installation.

Towards creating job opportunities in Urban Youth, Mahita initiated this programme and established 3 Short Livelihood Centres in Old city and Rasoolpura. Under Solar and electrician Training, 90 Youth have successfully completed their course and 70% of them are got the job in private sector.

Before joining the program, many youth under this programme working as unskilled labour but struggled to earn a stable income. He lacked formal training in electrical systems, wiring, current management, and battery storage technology. The key challenge was breaking the "skills ceiling" — moving from informal, limited technical exposure to certified, industry-ready expertise in electrical systems and industrial safety.

EV Training of women Many women face significant mobility barriers due to lack of driving skills, limited confidence, and restricted access to formal driving training. For first-time learners like Sunita, the challenge was even greater as she had no prior experience in cycling or driving. Without mobility, women often struggle to access employment opportunities, manage responsibilities independently, and participate fully in economic activities. The need was to provide structured, safe, and confidence-building training that would enable women to overcome fear and become self-reliant. Expand the EV two-wheeler training program to additional locations, increase the number of beneficiaries, strengthen road safety modules, and integrate livelihood linkages for women seeking employment or self-employment opportunities. 30 women trained EV this include to got the permanent Driving Licence and this is one of the livelihood option for doing their own Business.

Mahita Women's Economic Empowerment Program

Total Direct Reach: 650+ Women's with strengthened economic independence



750 Tribal women formed Samvrudhi Milk Cooperative (Adilabad)

Monthly income ₹ 18,000 - ₹ 20,000 per family



600 Women trained in digital & financial literacy (Sangareddy & Adilabad)

 Adilabad

 Sangareddy



Mahita Women's Economic Empowerment Program

Total Direct Reach: 650+ Women with strengthened economic independence



Detailed Interventions

Samvrudhi Milk Cooperative Society, Adilabad In the remote tribal villages of Adilabad district, Telangana, where rugged hills meet resilient hearts, a quiet revolution is unfolding, one drop of milk at a time. For generations, women from marginalized Gond and Kollam tribal communities in seven villages have lived on the edges of opportunity. Daily life meant endless labor in fields, forests, and homes, with little control over income or decisions. Dreams of financial independence often remained just that, dreams, hampered by lack of resources, knowledge, and access to markets.

Mahita working with Tribal Communities in Adilabad, and the vision was clear and ambitious: to build resilient livelihoods for marginalized tribal families by strengthening capacities across value chains, while nurturing ecological balance and sustainable farming.

The journey began with intensive training and hand-holding support. Women learned scientific dairy management from experts at the District Animal Husbandry Department, Vijaya Dairy (Telangana's state dairy cooperative), and Krishi Vigyan Kendra (KVK) Adilabad. Sessions covered animal health, nutrition, breeding, milk quality testing (including fat content and hygienic handling), productivity enhancement, and farm profitability, skills that turned everyday buffaloes into sources of steady income.

But the real breakthrough came when 50 courageous women from these villages decided to unite. Overcoming initial resistance, scepticism from families, and the daunting paperwork of loans and registrations, they formed Samrudhi Milk Producers Cooperative Society Ltd. (Samvrudhi MPCS Ltd.) in Bheempur, Adilabad, the first-ever women-led milk cooperative in the district.

Mahita provided a grant of ₹50,000 per woman (totalling ₹25 lakhs for 50 members) enabled the purchase of high-quality Murrah buffaloes. The women supplemented this with bank loans of another ₹25 lakhs, carefully selecting animals after multiple visits to ensure quality and yield. The District Cooperative Department played a pivotal role, conducting democratic elections in line with cooperative rules. Members elected their leaders: Deepika as President, Aathram Saraswathi as Secretary, and Kanaka Mamatha as one of the Directors.

"Initially, we wondered how we would repay the loans," shares Kundumeetha Sangeetha from Wadagam village with pride. "But after exposure visits and training, our confidence grew. Now, we're earning ₹18,000 to ₹20,000 per month." The cooperative is now formally linked with the District Cooperative Central Bank and sells milk directly to Vijaya Dairy, which provides an auto for collection (covering the charges) and ongoing technical guidance on quality and hygiene.

Digital and Financial Literacy Training In Sangareddy and Adilabad districts, Mahita trained 600 women in digital and financial literacy, addressing a critical gap in access to information, services, and economic opportunities. Many women from marginalized communities had limited exposure to formal banking systems, digital tools, and government schemes, making them vulnerable to financial exclusion and exploitation.

The training was essential to help women understand basic financial concepts such as savings, credit, interest rates, and responsible borrowing. It also enabled them to confidently use digital platforms for transactions, access bank accounts, make online payments, and benefit from Direct

Sustainable Agriculture and Livelihoods


Reach out / Impact - Sustainable Agriculture




50 families
supported in vegetable cultivation (50 acres)




Harvest
10.9 Tonnes



Income
₹8.27 Lakh



50 households
installed with
50 Wp off-grid solar lighting systems



~3.75 tonnes CO₂
emissions avoided
annually



350 farmers
trained in
sustainable practices &
vegetable cultivation



Total Direct Reach: 400+ families with improved income & climate resilience



Improved income



Climate resilience



Solar Energy



Sustainable farming



Sustainable Agriculture and Livelihoods

Reach out / Impact - Sustainable Agriculture



Total Direct Reach: 400+ families with improved income & climate resilience



Detailed Interventions

Vegetable Cultivation: 50 families were supported in adopting high-density vegetable cultivation, covering 50 acres of agricultural land. Soil Testing done by the Krishi Vignana Kendram of Adilabad and trained the farmers on Vegetable Cultivation. The intervention included end-to-end support such as land preparation, raised bed formation, soil health improvement through organic inputs, mulching, and vegetable planting. 50 farmers cultivated approximately 50 acres and harvested a total of 10,868 kg (about 10.9 tonnes) of vegetables, including tomatoes (4.4 tonnes), green chillies (3.9 tonnes), brinjal (2.2 tonnes), and other crops like broad beans, cauliflower, ladies finger, bitter gourd, and long beans (0.5 tonnes). This production over 5 months generated a total income of ₹8,27,105. On average, each participating family earned ₹16,542 (approximately ₹3,300 per month extra), significantly boosting household income during the lean season.

Solar Energy: Established the Off-Grid solar Home Lighting System for 50 Tribal families, the 50 Wp Off-Grid Solar Home Lighting System as a more suitable alternative. The 50 Wp system, equipped with a battery, two LED lights, a fan, and a USB charging port, adequately meets the basic electricity needs of a four-member household, generating approximately 0.2–0.3 kWh per day. Collectively, 50 households using 50 Wp off-grid solar systems avoid approximately 3.75 tonnes of CO₂ emissions per year, contributing to clean energy access and climate resilience.

Capacity Building Training Programme of Farmers In collaboration with Krishi Vigyan Kendra (KVK) in Adilabad and Sangareddy, Mahita trained 350 farmers to strengthen their knowledge and skills in sustainable agriculture, water management, and vegetable cultivation. This initiative addressed key challenges such as declining soil fertility, erratic rainfall, rising input costs, and limited awareness of climate-resilient practices.

The training focused on promoting eco-friendly and cost-effective farming methods, including soil health management, organic inputs, crop diversification, and integrated pest management. Farmers were guided on efficient water use through techniques like drip irrigation, mulching, and rainwater conservation, helping them cope with water scarcity.

Special emphasis was placed on vegetable cultivation to enhance nutrition and generate additional income through market-oriented production. Farmers also received practical exposure, demonstrations, and continuous handholding support to adopt these practices effectively.

As a result, farmers are gradually shifting towards more sustainable and profitable agriculture, reducing risks while improving yields and incomes. The programme not only builds technical capacity but also empowers farmers to make informed decisions, ensuring long-term livelihood security and environmental sustainability.

Child Protection Reach & Impact

Total Direct Reach: 845 Children : Creating a safe and supportive environment for children



Safe Spaces & awareness in
25 schools
(Adilabad tribal areas) to
prevent child marriages



570
Dropout children re-enrolled
with high retention



**50 Child Protection
committees** strengthened &
250 community Members trained



**Children's clubs formed
in 30 Government Schools**



Awareness



Education



Prevention



Support



**Total Direct Reach: 845 Children :
Creative safe and supportive environment for children**



Child Protection Reach & Impact

Total Direct Reach: 845 Children : Creating a safe and supportive environment for children



Detailed Interventions

Child Marriages: Through the establishment of safe spaces in 25 schools, girls were provided with a platform to express themselves, receive career guidance, and build confidence about their future. These spaces encouraged open discussions on education, rights, and life choices, helping girls stay motivated to continue their studies.

A strong focus was also placed on awareness generation and community engagement. Regular sessions in schools and villages educated students, parents, and teachers about the risks of child marriage and the importance of girls' education. As a result, early warning signs were identified, and timely interventions were made, successfully preventing child marriages.

The project also prioritized re-enrollment of dropout children, bringing back 570 children into schools, with high retention rates. Continuous counseling, parental meetings, and collaboration with government departments played a key role in ensuring sustained attendance. Overall, the initiative created a protective ecosystem where girls feel safe, informed, and empowered to pursue education, reducing their vulnerability to early marriage and building a pathway toward a better future.

Child Protection Committees Mahita is actively strengthening Child Protection Committees (CPCs) in urban slums to build safer environments for children and prevent vulnerabilities such as child labour and child marriage. These committees serve as community-based platforms that bring together parents, local leaders, teachers, and youth to identify risks, report cases, and take timely action.

Through structured awareness programmes, Mahita has trained around 250 community members on key child protection laws, including the POCSO Act, Juvenile Justice (JJ) Act, and legal provisions related to child labour and child marriage. These sessions help communities understand children's rights, recognize early warning signs of abuse or exploitation, and access support systems and government services.

In addition, Mahita has facilitated the formation of children's clubs in 30 government schools. These clubs empower children to voice their concerns, build peer support systems, and become active participants in promoting safety and education within their communities.

By combining community vigilance with child participation, the initiative is creating a protective ecosystem that promotes awareness, accountability, and collective responsibility for safeguarding children.

Networking in Andhra Pradesh & Telangana

NETWORKING & ADVOCACY IMPACT

Total Direct Reach: **8,816+** Children Adolescents as Health & Climate Advocates



School Health & Wellness Programme SHWP Strengthened Across AP & Telangana



~90 School Sessions
8274 Children Reached



127 NGOs Engaged at State Level



150 Network Members
+120 NGOs Trained
(40 actively Implementing)



250 Teachers trained & SHWP approved in 30 schools (sangareddy)

236 Health & Wellness Ambassdors **+142** Yuva Mithra Ambassdors trained



School Health



Climate Advocates



Networking & Advocacy



Health Ambassdors



Networking in Andhra Pradesh & Telangana



School Health



Climate Advocates



Networking & Advocacy



Health Ambassadors



Detailed Interventions

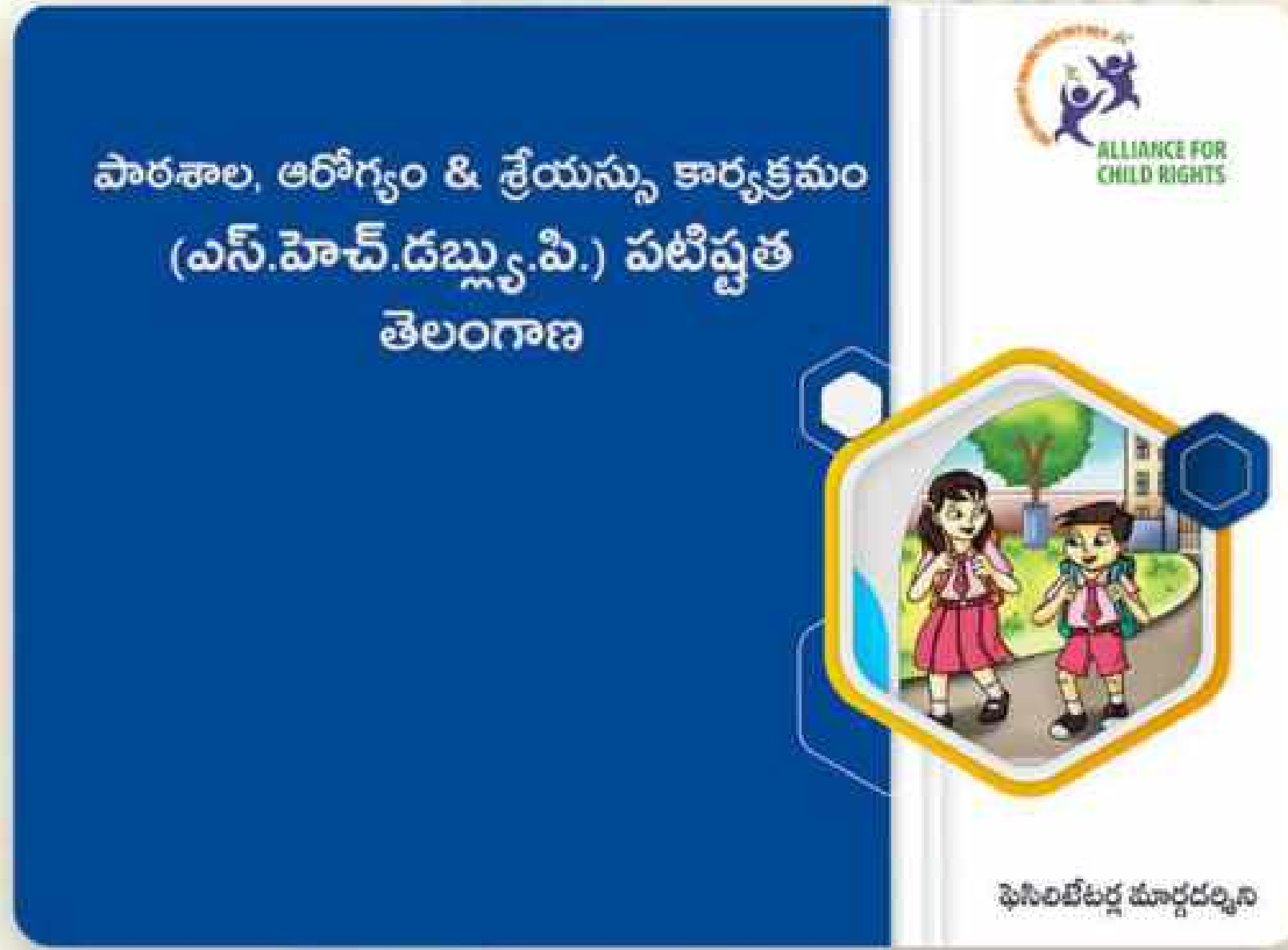
Empowering Youth for Sustainable Futures: Climate Action and Quality of Life The Alliance for Child Rights (ACR), with NGO Mahita as convener and in partnership with UNICEF, is implementing a three-year strategy (2025–2027) to strengthen the School Health and Wellness Programme (SHWP) in Andhra Pradesh and Telangana. The programme focuses on adolescent engagement in areas such as non-communicable diseases, nutrition, road safety, education, climate action, and overall wellbeing, in collaboration with the Departments of Health, Education, and SCERT. Special emphasis is placed on aspirational and high-burden districts to develop scalable and sustainable models.

A major milestone was the development and rollout of a standardized Facilitator Guide with 13 thematic modules, enabling NGOs, teachers, and student leaders to deliver participatory and child-friendly sessions. Implementation is supported by a robust Management Information System (MIS) for tracking outreach, training, and school-level progress.

During the reporting period, significant progress was made in capacity building, government convergence, and youth engagement. State-level launches engaged 127 NGOs, while 150 network members and 120 NGOs were trained, with 40 actively implementing the modules. Around 90 school sessions were conducted, reaching 8,274 children. Additionally, 180 Health and Wellness Ambassadors and 142 Yuva Mithra Ambassadors were trained to promote peer-led awareness.

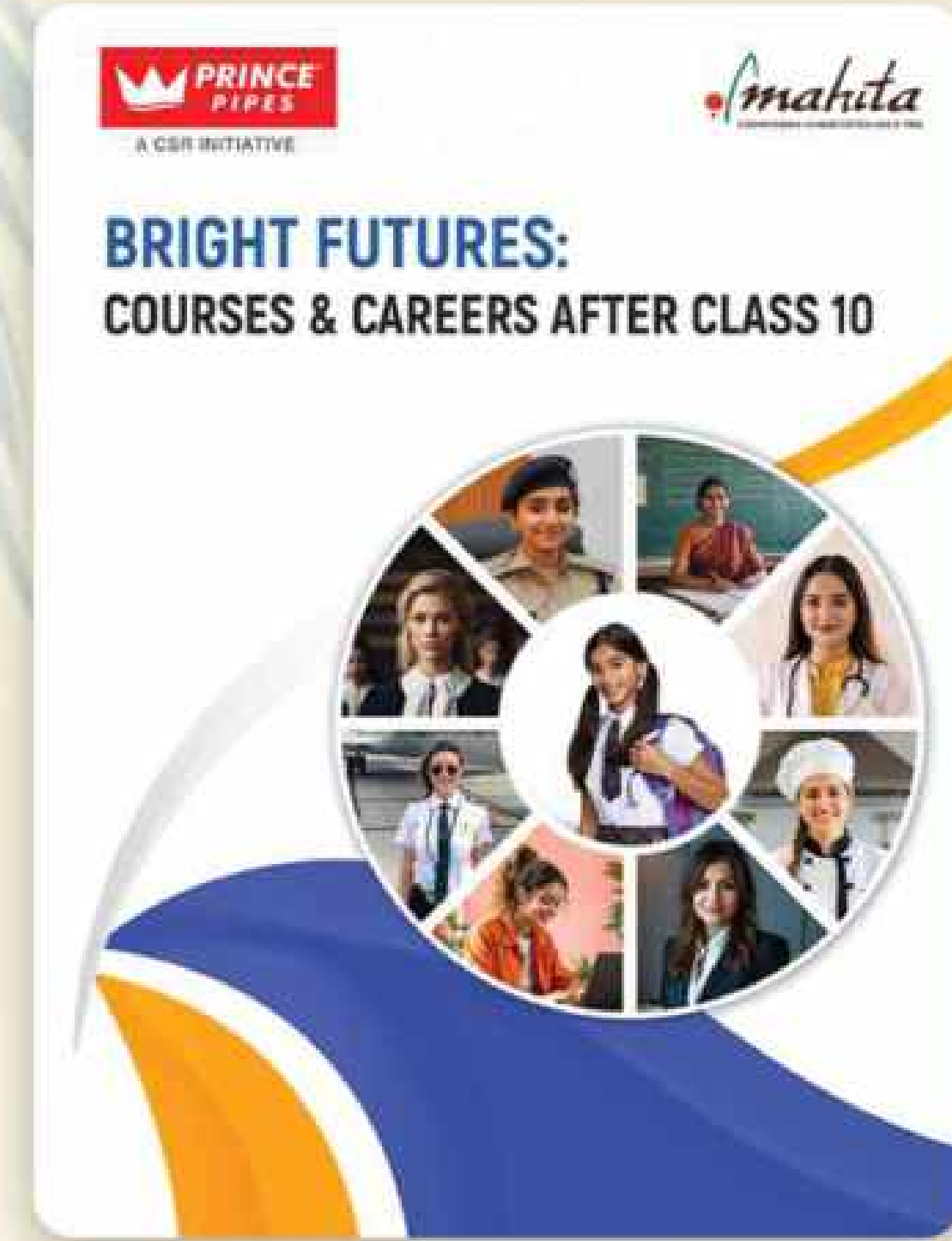
Government ownership was strengthened, including approval to implement SHWP in 30 schools in Sangareddy and training of 250 teachers. Public engagement expanded through CRC Week and World Children’s Day, reaching large audiences and enabling children to voice their concerns through consultations and formal platforms.

IEC Materials Developed by Mahita



School Health & Wellness Facilitator Guides

13 Thematic Modules on Health, Safety & Well - Being



Career Guidance Book

Pathways to Education & Careers



Information Booklet for Woman Groups

Govt Schemes & Financial Info



Menstrual Hygiene Module

Menstrual Health & Awareness



IEC Material

School Health and Wellness Programme: The Facilitator Guide for Strengthening the School Health and Wellness Programme (SHWP) in Andhra Pradesh and Telangana has been developed by the Alliance for Child Rights, Hyderabad, with support from UNICEF and in collaboration with the Departments of Health and Education. It builds upon the National Council of Educational Research and Training (NCERT) and Ministry of Health and Family Welfare resources under the Ayushman Bharat School Health Programme, while integrating new components on School Safety and Road Safety.

The guide provides a comprehensive framework for implementing the SHWP across schools, aiming to promote physical, mental, emotional, and social well-being among students aged 6 to 18 years. It follows a participatory and child-friendly approach, structured around the principle of “One Message – One Exercise” for each thematic area.

The manual includes 13 thematic modules, covering areas such as growing up healthy, emotional well-being, interpersonal relationships, gender equality, nutrition and sanitation, prevention of substance misuse, reproductive health and HIV prevention, promotion of healthy lifestyles, school safety, road safety, and safe use of media and technology. Each module includes key messages, interactive activities, facilitation tips, and integrated safety components.

Career Guidance Book: The career guidance book for students after 10th class helps adolescents explore various educational and career pathways. It explains different streams, vocational courses, and professional opportunities, while also emphasizing self-awareness, informed decision-making, and future planning. The book is designed to guide students—especially from marginalized communities—to make confident choices about their education and careers. Together, these resources promote awareness, empowerment, and informed decision-making among women and young people.

Information Booklet for Women Groups: The handbook on government programmes, health schemes, and loans serves as a comprehensive guide for women and Self-Help Groups. It provides clear information on welfare schemes, health and nutrition services, financial assistance, and grievance redressal systems. The book also includes useful contacts, FAQs, and application processes, making it easier for women to access entitlements and strengthen their financial and social security.

Menstrual Hygiene Practices for Adolescent Girls: The module serves as a comprehensive reference guide aimed at improving menstrual health and educational awareness among adolescent girls. It provides essential information on menstrual hygiene management (MHM), equipping young girls with the knowledge and confidence to take charge of their health and well-being.

By offering accurate, accessible, and culturally sensitive guidance, this resource plays a vital role in reducing health-related absenteeism and fostering a supportive school environment. The ultimate goal is to encourage consistent school attendance, promote dignity in menstruation, and empower girls to make informed decisions that contribute to their continued education and broader life opportunities.

Volunteering

HSBC Volunteers: As part of their continued commitment to community engagement, HSBC volunteers are dedicating their time to conduct Spoken English classes for 75 students at Narsingi Government School. These sessions are designed to enhance students' communication skills, confidence, and overall personality development, which are essential for academic success and future career opportunities.

The volunteers use interactive and activity-based learning methods, including conversations, role-plays, storytelling, and group discussions, making the sessions engaging and practical. For many students from underserved backgrounds, this exposure to spoken English is a valuable opportunity to overcome language barriers and participate more confidently in classrooms and social settings.

Beyond language skills, the initiative also fosters mentorship, motivation, and aspiration among students. Regular interaction with volunteers helps students build confidence, improve self-expression, and develop a positive outlook toward higher education and employment. This initiative plays a crucial role in bridging the gap between education and employability, empowering students with essential life skills.

The attachment highlights the "Seva Sapatah Week" initiative where 15 HSBC volunteers, along with school staff and Mahita team members, renovated the STEM Lab and Digital Classroom at ZPHS Narsingi. The rooms were in poor condition due to water leakage, and the volunteers supported both resources and labor to restore them. Activities included cleaning, damp-proofing, and repainting, resulting in a safe, clean, and vibrant learning space. The initiative significantly improved the school environment, benefiting students and receiving appreciation from the school management and children.

Mahita in Collaboration with NMIMS: Mahita, in collaboration with Narsee Monjee Institute of Management Studies (NMIMS), Mumbai, hosts five students every year for field-based internships. During this period, students actively engage with communities, working alongside Mahita's team on grassroots initiatives such as education, livelihoods, women empowerment, and child protection.

The internship provides students with practical exposure to real-world development challenges, helping them understand socio-economic issues, community dynamics, and implementation of development programmes. They participate in field visits, data collection, awareness activities, and documentation, contributing meaningfully to ongoing projects.

This partnership not only enriches students with experiential learning but also brings fresh perspectives, ideas, and energy to community interventions, strengthening Mahita's impact at the grassroots level.

International Collaboration: Mahita has partnered with AVPN through the ImpactCollab platform to strengthen data-driven philanthropy and impact investing. This Memorandum of Understanding (MoU) enables Mahita to be listed as an Impact Organisation on the platform, enhancing its visibility among global donors and partners. The collaboration supports knowledge sharing, resource mobilization, and strategic partnerships, helping scale social impact initiatives.

Through this engagement, Mahita aims to leverage data, insights, and networks to improve programme effectiveness and contribute to sustainable development outcomes.

Social Stock Exchange: Mahita has been officially registered as a Social Entity (Not-for-Profit Organization) on the NSE Social Stock Exchange, effective May 23, 2025. This recognition strengthens its credibility and transparency, enabling better access to funding and social investment opportunities. This will help Mahita to collaborate with other companies for social development projects.



WAY FORWARD

Mahita's way forward builds on the strong foundation laid during 2025–2026, focusing on deepening impact while expanding reach to underserved communities. The organization will continue to scale its integrated development approach across education, health, livelihoods, and child protection, ensuring that interventions are holistic and sustainable. By replicating successful models such as STEM labs, ECCD centres, community wellness initiatives, and school infrastructure improvements, Mahita aims to reach more vulnerable populations while maintaining quality and effectiveness.

Education will remain a central priority, with increased emphasis on digital learning, career guidance, and reducing school dropouts. Strengthening foundational learning and equipping youth with future-ready skills will be key to improving long-term outcomes. At the same time, Mahita will expand its health initiatives by enhancing preventive care, increasing access to screenings, promoting menstrual hygiene management, and ensuring safe drinking water through sustainable solutions.

Livelihoods and economic empowerment will continue to be strengthened through skill development, enterprise promotion, and improved market linkages, particularly for women and youth. Successful initiatives such as dairy cooperatives, vocational training, and EV driving programs will be expanded to enable greater income generation and financial independence. In rural areas, Mahita will further promote climate-resilient agricultural practices and renewable energy solutions, helping communities adapt to environmental challenges while improving productivity and income security.

Mahita will also strengthen its presence beyond its current geographies by expanding interventions in other states. Building on the cancer screening initiative launched in Jammu during 2025–2026, the organization aims to further strengthen this program and scale it to reach more vulnerable communities. New partnerships are creating significant opportunities to expand outreach, with plans to extend interventions to Punjab and other states. There is growing momentum for collaboration with new foundations and corporate agencies, which will enable Mahita to amplify its impact and bring essential services to a larger population.

Efforts to protect children will remain a priority, with continued focus on strengthening community-based systems, increasing awareness, and creating safe spaces that prevent child labour and early marriage. Mahita will also deepen its partnerships with government bodies, NGOs, and corporate partners to amplify impact and ensure sustainability of its initiatives.

Going forward, the organization will invest in strengthening its monitoring systems, data-driven decision-making, and use of technology to enhance transparency, efficiency, and program effectiveness. At the core of all its efforts will be a continued commitment to community ownership, empowering local leaders and institutions to sustain change. Through these strategic directions, Mahita aims to build on its momentum and create lasting, inclusive, and transformative impact for the communities it serves.

Mahita

ANNUAL REPORT

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